



LEIGH MACKENZIE

"She Seems So Normal" podcast

Looking for trauma healing from a woman who lived to tell the tale?

Written/ narrated by biblical/sermon researcher, magazine writer, and CSA survivor. Based on her upcoming book, *She Seems So Normal: Shatter the Plastic Princess, Embrace Authentic Faith.*

EMBRACE

trauma survivor stories

ENCOURAGE

deep biblical healing

EMPOWER

by strategy, skills, Scripture

MINISTRY MESSAGE

- You're Not Alone.
- There's hope because there's help.
- God IS good and He is great.
- Jesus never leaves or forsakes you.
- I crossed the valley, so can you.
- Healing is easier walking together.

AUDIENCE



"Yea, though I walk through the valley of the shadow of death, I will fear no evil."



SHE SEEMS SO NORMAL PODCAST



FORMAT AND SUBJECT MATTER

- 5-10 minute narrations, 16+ content
- Anxiety/PTSD coping mechanisms
- Biblical healing and restoration
- CSA Survivor, Trauma Warrior

RELEASE SCHEDULE

Twice Weekly

60 gripping episode will be recorded for our international audience!



WHERE TO LISTEN

Spotify
Apple Podcasts
Amazon Music
AnchorFM

CLICK BELOW to listen to an episode



Episode 32: Avoid Isolation Dangerous (plus a little about

"She Seems So Normal" by Leigh Mackenzie

"SHE SEEMS SO NORMAL"

<https://anchor.fm/leigh-mackenzie>



CONNECT with Leigh!



LEIGH MACKENZIE

From childhood trauma survivor to Plastic Princess Church Girl, biblical researcher, and beyond...

I'm a Colorado farm girl born in the Panama Canal Zone; former military wife married 30 years; mom to bio, adopted, and spiritual kids and fur babies.

I deeply love sharing God's Word, serving His Church, and helping His people.

No more plastic princess here, just authentically Authentic-Leigh.

DEMOGRAPHICS



of American women are SA survivors.



Every 9 minutes, a child's victimized.



Jesus cares about these stories.



"Leigh" rhymes with "bee" and not "sleigh" or "chia"

CONTACT

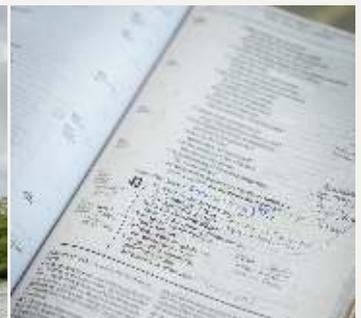
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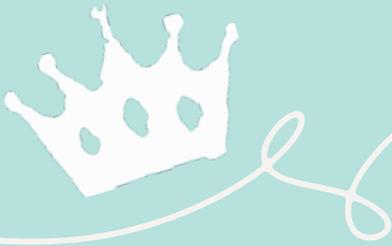
MY GOAL:

- EMBRACE - "MESSY" IS WELCOME
- ENCOURAGE - SUPPORT EMOTIONAL, SPIRITUAL HEALING THROUGH GIVING MY TESTIMONY
- EMPOWER - SURVIVORS AND OUR SUPPORT WITH SKILLS, STRATEGIES, AND SCRIPTURE



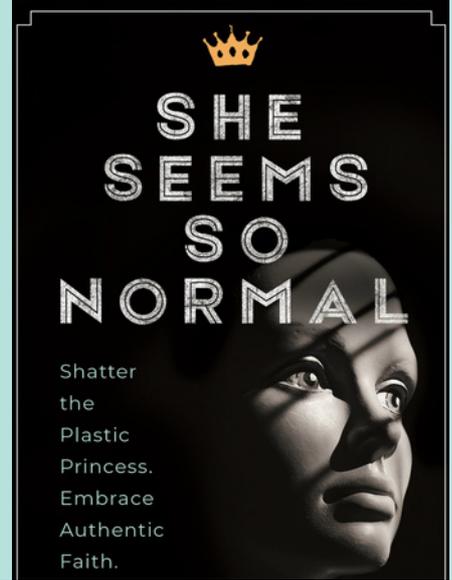
Dude, SCAN ME and Connect with Leigh!





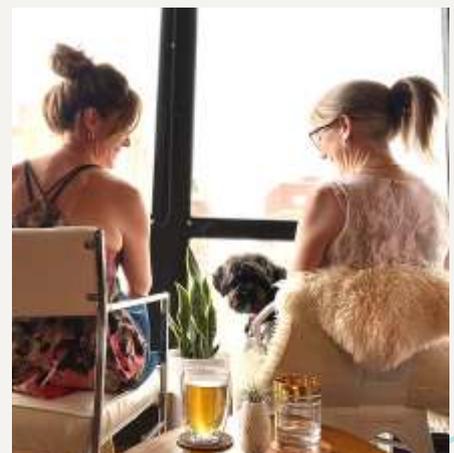
LEIGH MACKENZIE

AUTHOR, SPEAKER,
PODCASTER



MEDIA TALKING POINTS

- Why were you inspired to write the book?
- When and why did you decide you wanted to publish this book now?
- Who or what events gave you the courage?
- Who gave you strength and confidence through therapy and beyond? How did family members, mentors, and friends support you?
- How do the roles of psychotherapists and the medical community fit into biblical healing?
- Isn't it just enough to pray and have faith?
- Will you share your "Three B-Basic: Breath, Brain, Blessing" Coping Mechanisms?
- How does a biblical foundation help us when bad things happen?
- What do you want trauma survivors to know?
- What's your "endgame" message?
- (Followup: Why is Forgiveness the Key to the Kingdom?)



CONTACT

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